FIFA Futsal Laws of the Game are used as the primary LOTG with some modifications specific to our league. These modifications are made with the purpose to promote skill development and safety for all.

1. No Slide tackle (when the ball is in possession of an opposing team player) you may slide to save a ball from going out of bounce, to save a ball from a goal or score a goal. Goal keepers can slide inside their own goal box.
2. Substitutions may enter when substitute is within arms lengths of the substitution area.
3. Equipment required: shin guards, socks, futsal shoes (any shoe

that has a flat rubber non-marking sole. NO CLEATS).

1. No food or gum allowed on the courts of any kind. Only sealable drinks are allowed on the courts.
2. Uniforms: Listed Home team will wear dark and Away will wear light or white. In the event of similar colors Away team will wear practice vests.
3. Only coaches and players are allowed in the bench area, all others must seat on the opposite side when spectators are allowed.
4. Double Rostering: Split teams within the same division are allowed to double roster a maximum of 2 paying players. These players must be the SAME 2 players and must be on both rosters.
5. The game clock does not stop, except for penalty kicks, team time-out and at the discretion of the game official.
6. Game length – each game will consist of two 20 minute halves with a 2 minute half time to switch sides. Clock will start on time and not necessarily at the sound of the whistle.
7. Each team has a limit of two 1 Minute time-outs per game: one time-out per half.
8. 4 second rule: A player has 4 seconds to play the ball on any dead ball. This includes out of bounds, keeper throws, penalty kicks and corner kicks.
9. Passing back to the keeper: you are only allowed to pass the ball back to the keeper once until ball has either passed the half-court line or the opposing team has touched the ball.
10. Benches are not allowed